

Distância	Categoria	Género	Clube	Atleta	Nome	Peso	Drag	Tempo Final	Parcial	Watts	Cadência
5000	Júnior	M	CN Setubalense	3450	Marcelo Simões	80.1	123	17:21.3	01:44.1	310	31
5000	Júnior	M	VR Lima	5245	André Gonçalves	86.1	115	17:22.0	01:44.2	309	30
5000	Júnior	M	Naval	4151	Diogo Carvalho	82.6	120	17:42.2	01:46.2	292	28
5000	Júnior	M	Fluvial	4858	João Cabral	75.3	130	17:44.6	01:46.4	290	25
5000	Júnior	M	Ginásio	5138	Jaime Gomes	92.0	117	17:54.4	01:47.4	282	26
5000	Júnior	M	ANL	4570	Gonçalo Coelho	77.5	120	17:54.8	01:47.4	282	26
5000	Júnior	M	Galitos	1779	Luís Amaro	69.0	116	18:04.1	01:48.4	275	29
5000	Júnior	M	Infante	2453	João Santos	72.7	110	18:08.3	01:48.8	272	28
5000	Júnior	M	VR Lima	4452	Maurício Pereira	76.0	112	18:11.6	01:49.1	269	30
5000	Júnior	M	Infante	4309	Duarte Castro	69.6	110	18:12.8	01:49.2	268	28
5000	Júnior	M	VR Lima	5630	Tiago Rufo	73.9	110	18:15.2	01:49.5	266	30
5000	Júnior	M	Ginásio	2371	Gonçalo Oliveira	67.2	115	18:16.2	01:49.6	266	24
5000	Júnior	M	Académica	2290	Filipe Santos	71.5	115	18:24.5	01:50.4	260	25
5000	Júnior	M	Galitos	4420	André Ferreira	64.2	116	18:26.6	01:50.6	258	29
5000	Júnior	M	Ginásio	4160	Rogério Sousa	77.2	115	18:26.2	01:50.6	259	25
5000	Júnior	M	Sport CP	2964	David Silva	68.6	110	18:28.4	01:50.8	257	28
5000	Júnior	M	Vilacondense	4907	Diogo Santos	67.7	120	18:29.7	01:50.9	256	30
5000	Júnior	M	Fluvial	3274	Hugo Madureira	90.6	130	18:34.7	01:51.4	253	26
5000	Júnior	M	Ferr. Barreiro	2281	João Fernandes	58.1	115	18:35.3	01:51.5	252	29
5000	Júnior	M	Académica	4725	Guilherme Miranda	69.5	115	19:17.6	01:55.7	226	24
5000	Juvenil	M	Fluvial	5219	André Agante	65.0	125	19:29.2	01:56.9	219	25
5000	Juvenil	M	Galitos	2881	Tomás Silveira	59.7	110	19:33.1	01:57.3	217	29
5000	Júnior	F	Infante	4741	Beatriz Varela	67.8	110	19:35.0	01:57.5	216	26
5000	Júnior	F	VR Lima	2890	Bruna Parente	59.6	110	20:33.2	02:03.3	187	30
5000	Júnior	F	Sport CP	3953	Maria Marques	57.6	110	20:36.7	02:03.7	185	27
5000	Júnior	F	Ginásio	4615	Matilde Pereira	73.7	110	20:42.9	02:04.2	183	24
5000	Júnior	F	Sport CP	2603	Mariana Teixeira	75.2	110	20:44.2	02:04.4	182	27
5000	Júnior	F	Infante	5180	Rita Faria	67.8	105	20:52.2	02:05.2	178	26
5000	Juvenil	F	Galitos	5667	Marta Condeço	65.3	108	20:58.5	02:05.8	176	27
5000	Júnior	F	VR Lima	3624	Joana Bezerra	75.7	110	21:22.8	02:08.2	166	30
5000	Júnior	F	ANL	5464	Maria Resende Teixeira	75.8	115	21:36.9	02:09.6	160	26
5000	Júnior	F	VR Lima	3711	Maria Vaz	70.3	110	21:47.4	02:10.7	157	30
5000	Júnior	M	Fabril	3820	Romeu Sabino			AM			
5000	Júnior	M	Sport CP	2704	André Costa			AM			
5000	Júnior	M	Fluvial	2973	José Guedes			AM			
5000	Júnior	F	CP Cacia	4008	Joana Ferreira			DNS			
5000	Júnior	F	Galitos	5192	Rita Velhinho			DNS			
5000	Júnior	M	Infante	4305	Nuno Paiva			DNS			
10000	Sub23	M	VR Lima	2690	André Pinto	92.5	127	34:37.1	01:43.8	312	24
10000	A L	M	Académica	849	Eduardo Sousa	72.4	118	34:44.7	01:44.2	309	29
10000	A L	M	Sporting	390	Nuno Mendes	71.8	120	34:47.1	01:44.3	308	26
10000	A L	M	Fluvial	1054	Nuno Coelho	75.4	120	35:04.6	01:45.2	300	27
10000	Sub23 L	M	Fluvial	2674	Tomás Barreto	69.8	120	35:10.3	01:45.5	298	29
10000	Sub23 L	M	CN Setubalense	3447	Simão Simões	74.4	120	35:11.7	01:45.5	297	29
10000	Sub23 L	M	Fluvial	2673	Vasco Bessa	73.6	127	35:17.9	01:45.8	295	27
10000	Sub23 L	M	Sport CP	4943	Allison Russo	72.5	120	35:54.9	01:47.7	280	28
10000	Sub23	M	Fluvial	4343	José Canha	76.1	130	36:10.3	01:48.5	274	25
10000	Sub23 L	M	Infante	3035	Paulo Fidalgo	70.2	120	36:16.5	01:48.8	272	29
10000	Sub23	M	Fluvial	71	Mateus Costa	87.3	130	36:19.0	01:48.9	271	25
10000	Sub23	M	VR Lima	2493	Filipe Carvalho	80.7	115	36:38.3	01:49.9	264	25
10000	Sub23 L	M	Vilacondense	1621	Rodrigo Romão	72.2	120	37:00.3	01:51.0	256	27
10000	Sub23	M	Naval	4217	Roman Nayavko	74.0	125	37:06.6	01:51.3	254	26
10000	SUB23 L	M	Ferr. Barreiro	1875	Luís Matos	67.6	120	38:13.3	01:54.6	232	26
10000	Sub23 L	M	Galitos	575	João Vaz	71.6	118	38:18.3	01:54.9	231	24
10000	Sub23 L	M	Sport CP	388	Pedro Costa	69.2	108	38:53.6	01:56.6	220	27
10000	A L	F	Infante	1086	Joana Branco	63.0	110	39:37.0	01:58.8	208	28
10000	Sub23	F	Infante	1183	Beatriz Tavares	71.6	108	39:55.9	01:59.7	204	27
10000	A	F	Naval	789	Patrícia Batista	70.0	120	40:30.6	02:01.5	195	27
10000	Sub23 L	F	Infante	4172	Mafalda Ferreira	54.5	107	41:03.1	02:03.1	187	27
10000	Sub23 L	F	Sport CP	110	Inês Oliveira	58.9	110	41:08.0	02:03.4	186	27
10000	Sub23 L	F	Sport CP	2678	Maria Rodrigues	57.0	108	44:16.7	02:12.8	149	26
10000	SUB23	M	Ferr. Barreiro	4935	Joel Santos			DNF			