

Distância	Categoria	Género	Clube	Atleta	Nomes Atletas	Peso	Drag	Tempo Final	Parcial	Watts	Cadência
5000	Júnior	M	VR Lima	2690	André Pinto	94	120	16:34.2	01:39.4	356	29
5000	Júnior	M	VR Lima	3536	Diogo Fontelo	91	115	16:52.3	01:41.2	337	28
5000	Júnior	M	VR Lima	157	André Quesado	83	115	17:06.0	01:42.6	324	28
5000	Júnior	M	Fluvial	2673	Vasco Bessa	70.1	130	17:14.1	01:43.4	317	28
5000	Júnior	M	VR Lima	2493	Filipe Carvalho	82	115	17:16.4	01:43.6	314	29
5000	Júnior	M	Naval	1681	Raúl Rodrigues	95.1	120	17:17.7	01:43.7	313	28
5000	Júnior	M	Ferr. Barreiro	4361	Marcelo Munteanu	78	120	17:28.9	01:44.8	303	30
5000	Júnior	M	CN Setubalense	3450	Marcelo Simões	74.5	115	17:37.3	01:45.7	296	30
5000	Júnior	M	Fluvial	4858	João Cabral	72.2	130	17:54.1	01:47.4	282	27
5000	Júnior	M	VR Lima	5245	André Gonçalves	91	110	17:57.2	01:47.7	280	27
5000	Júnior	M	Naval	3306	João Gaspar	71.1	120	17:58.1	01:47.8	279	29
5000	Juvenil	M	Naval	4151	Diogo Carvalho	77.3	115	17:59.1	01:47.9	279	28
5000	Júnior	M	Fluvial	1150	Gonçalo Mesquita	72	130	18:07.4	01:48.7	272	26
5000	Júnior	M	VR Lima	4452	Maurício Pereira	75	115	18:20.6	01:50.0	263	25
5000	Júnior	M	VR Lima	4300	João Passos	71	115	18:23.8	01:50.3	260	28
5000	Júnior	M	VR Lima	3715	Gonçalo Dias	72	115	18:28.4	01:50.8	257	28
5000	Júnior	M	Fluvial	2973	José Guedes	57.9	130	18:55.7	01:53.5	239	26
5000	Júnior	F	Infante	1183	Beatriz Tavares	71	105	19:40.7	01:58.0	213	27
5000	Juvenil	F	Infante	4741	Beatriz Varela	67.4	105	19:53.5	01:59.3	206	28
5000	Juvenil	F	Académica	3987	Ana Letra	69.5	110	20:22.2	02:02.2	192	27
5000	Júnior	F	VR Lima	2890	Bruna Parente	59	110	20:31.7	02:03.1	187	27
5000	Júnior	F	VR Lima	2490	Mariana Ferreira	73	110	21:00.5	02:06.0	175	28
5000	Júnior	F	VR Lima	3711	Maria Vaz	68	110	21:34.6	02:09.4	161	27
5000	Júnior	M	VR Lima	3712	José Neiva			AM			
5000	Júnior	F	VR Lima	3083	Ana Ferreira	63	110	DNF			
5000	Júnior	M	Barreirense	2414	Pedro Seixo			DNS			
5000	Juvenil	M	Barreirense	2775	Guilherme Carriço			DNS			
5000	Júnior	F	Barreirense	2776	Mariana Virtuoso			DNS			
10000	Sénior	M	Sporting	362	Pedro Fraga	72.9	120	33:32.4	01:40.6	344	30
10000	Sénior	M	Académica	17	Tiago Susano	83	122	34:01.2	01:42.0	329	24
10000	Sénior	M	CN Setubalense	1360	Afonso Costa	72.9	120	34:15.6	01:42.7	322	29
10000	Sénior	M	Sporting	390	Nuno Mendes	72.9	120	34:18.3	01:42.9	321	28
10000	Sénior	M	VR Lima	904	Carlos Cruz	73	110	34:18.4	01:42.9	321	31
10000	Sénior	M	CN Setubalense	1359	Dinis Costa	71.7	118	34:49.0	01:44.4	307	32
10000	Sénior	M	Académica	849	Eduardo Sousa	71.1	115	34:53.0	01:44.6	305	29
10000	Sénior	M	Fluvial	1054	Nuno Coelho	74.5	118	34:53.0	01:44.6	305	28
10000	Sénior	M	Galitos	1428	João Oliveira	72.9	120	35:14.4	01:45.7	296	29
10000	Sénior	M	Fluvial	2674	Tomás Barreto	69	120	35:14.6	01:45.7	296	29
10000	Sénior	M	CN Setubalense	3447	Simão Simões	72.7	118	35:32.4	01:46.6	289	29
10000	Sénior	M	Galitos	575	João Vaz	71.7	116	36:27.9	01:49.3	267	30
10000	Sénior	M	Sport CP	488	Diogo Coelho	71.9	120	36:32.1	01:49.6	266	24
10000	Sénior	M	Sport CP	4943	Allison Russo	69.3	120	36:54.3	01:50.7	258	26
10000	Sénior	F	Infante	1086	Joana Branco	61.9	109	39:30.1	01:58.5	210	27
10000	Sénior	F	Infante	4172	Mafalda Ferreira	55.8	106	41:38.5	02:04.9	180	26
10000	Sénior	F	Sport CP	110	Inês Oliveira	57.7	108	42:03.6	02:06.1	174	26
10000	Sénior	F	Sport CP	2678	Maria Rodrigues	57.7	108	43:05.3	02:09.2	162	26
10000	Sénior	F	VR Lima	2486	Maria Leão	57	107	DNF			
10000	Sénior	M	Vilacondense	1621	Rodrigo Romão	70.9	118	DNF			
10000	Sénior	M	Caminhense	659	Eduardo Gonçalves	76	120	DNF			