

Distância	Categoria	Género	Clube	Atleta	Nome	Peso	Drag	Tempo Final	Parcial	Watts	Cadência
5000	Júnior	M	VR Lima	2690	André Pinto		118	16:40.4	01:40.0	339	27
5000	Júnior	M	VR Lima	3536	Diogo Fontelo		115	17:04.3	01:42.3	327	28
5000	Júnior	M	Naval	1681	Raúl Rodrigues	90	120	17:08.9	01:42.9	321	28
5000	Júnior	M	VR Lima	157	André Quesado		115	17:23.0	01:44.3	308	28
5000	Júnior	M	VR Lima	2493	Filipe Carvalho	83	115	17:24.6	01:44.4	307	28
5000	Júnior	M	Fluvial	2673	Vasco Bessa	70.9	130	17:31.5	01:45.1	301	27
5000	Júnior	M	Infante	3005	Carlos Costa	98.2	115	17:41.6	01:46.1	293	28
5000	Júnior	M	GDFB	4361	Marcelo Munteanu	77	120	17:40.6	01:46.0	293	29
5000	Júnior	M	Ginásio	5138	Jaime Gomes	86.1	120	17:45.5	01:46.5	289	28
5000	Júnior	M	VR Lima	3712	José Neiva		116	17:48.5	01:46.8	287	28
5000	Júnior	M	CN Setubalense	3450	Marcelo Simões	73.8	115	17:51.4	01:47.1	285	29
5000	Júnior	M	Fluvial	4858	João Cabral	75.2	130	17:55.4	01:47.5	281	27
5000	Júnior	M	Fluvial	5676	Samson Costa	84	130	17:55.9	01:47.5	281	26
5000	Júnior	M	Infante	4310	João Vieira			18:02.2	01:48.2	276	27
5000	Júnior	M	Naval	3306	João Gaspar	71.8	120	18:02.9	01:48.2	276	28
5000	Júnior	M	VR Lima	5245	André Gonçalves		115	18:05.0	01:48.5	274	28
5000	Júnior	M	Fluvial	3274	Hugo Madureira	82.6	130	18:08.3	01:48.8	272	27
5000	JUVENIL	M	Naval	4151	Diogo Carvalho	81	115	18:08.5	01:48.8	271	28
5000	Júnior	M	ANLisboa	2841	João Gonçalves	65	120	18:09.5	01:48.9	271	28
5000	Júnior	M	Ginásio	4184	Tomás Caetano	95	114	18:11.9	01:49.1	269	28
5000	Júnior	M	Fluvial	1150	Gonçalo Mesquita	70.9	130	18:15.7	01:49.5	266	27
5000	Júnior	M	Ginásio	2371	Gonçalo Oliveira	66	118	18:16.4	01:49.6	266	25
5000	Júnior	M	VR Lima	3715	Gonçalo Dias		112	18:17.4	01:49.7	265	28
5000	Júnior	M	Sport CP	4944	Mário Pinto	69.3	110	18:19.1	01:49.9	264	27
5000	Júnior	M	VR Lima	4452	Maurício Pereira		110	18:23.5	01:50.3	261	26
5000	Júnior	M	Infante	4305	Nuno Paiva	70.5	115	18:24.6	01:50.4	260	26
5000	Júnior	M	Infante	3799	Adrian Cabral	67.3	110	18:26.3	01:50.6	258	28
5000	Júnior	M	VR Lima	4300	João Passos	70	110	18:28.0	01:50.8	257	28
5000	Júnior	M	ANLisboa	4009	Afonso Machado	72	120	18:30.6	01:51.0	256	28
5000	Júnior	M	Infante	4309	Duarte Castro	63.3	110	18:36.3	01:51.6	252	28
5000	Júnior	M	Ginásio	4160	Rogério Sousa	73.6	115	18:37.5	01:51.7	251	28
5000	JUVENIL	M	Infante	2453	João Santos	69.1	105	18:36.9	01:51.6	251	28
5000	Júnior	M	ANLisboa	2414	Pedro Seixo	84	120	18:41.1	01:52.1	248	28
5000	JUVENIL	M	Galitos	1779	Luís Amaro	67.4	110	18:43.3	01:52.3	247	29
5000	Júnior	M	Fluvial	2973	José Guedes	58.9	130	18:45.4	01:52.5	246	27
5000	Júnior	M	Naval	1476	Duarte Oliveira	88.3	120	18:54.3	01:53.4	240	28
5000	Júnior	M	Sport CP	4455	Ricardo Silva	66.8	110	18:59.1	01:53.9	237	28
10000	JUVENIL	M	Barreirense	2775	Guilherme Carriço	71	120	19:00.0	01:54.0	236	21
5000	Júnior	M	VR Lima	4299	Telmo Costa		110	19:06.3	01:54.6	232	26
5000	JUVENIL	M	Galitos	4420	André Ferreira	62	110	19:10.1	01:55.0	230	26
5000	Júnior	M	Sport CP	2704	André Costa	64.9	110	19:12.8	01:55.2	228	28
5000	Júnior	M	Vilacondense	5512	Pedro Sousa	83	115	19:43.0	01:58.3	211	28
5000	JUVENIL	F	Infante	4741	Beatriz Varela	67.5	105	19:57.8	01:59.7	204	27
5000	Júnior	F	Fluvial	2107	Inês Santos	63.6	130	20:17.5	02:01.7	194	26
5000	JUVENIL	F	CBMV	3987	Ana Letra	72.8	110	20:17.2	02:01.7	194	25
5000	Júnior	F	Fluvial	1139	Núria Almeida	59.2	130	20:22.8	02:02.2	191	26
5000	Júnior	F	VR Lima	2890	Bruna Parente		110	20:38.2	02:03.8	184	26
5000	Júnior	F	Sport CP	2603	Mariana Teixeira	71.5	110	20:45.5	02:04.5	181	27
5000	Júnior	F	Infante	1062	Ana Sousa	61.4	105	20:47.6	02:04.7	180	28
5000	Júnior	F	VR Lima	3083	Ana Ferreira		110	21:01.2	02:06.1	174	26
5000	Júnior	F	VR Lima	2490	Mariana Ferreira		110	21:11.6	02:07.1	170	26
5000	Júnior	F	VR Lima	3711	Maria Vaz		110	21:30.0	02:09.0	163	26
5000	Júnior	F	Barreirense	2776	Mariana Virtuoso	65	120	22:03.3	02:12.3	151	22
5000	Júnior	F	Infante	1183	Beatriz Tavares			AM			

Distância	Categoria	Género	Clube	Atleta	Nome	Peso	Drag	Tempo Final	Parcial	Watts	Cadência
10000	Sénior	M	Sporting	362	Pedro Fraga	74	120	33:47.3	01:41.3	336	29
10000	Sénior	M	CN Setubalense	1360	Afonso Costa	73.5	120	34:23.3	01:43.1	319	29
10000	Sub23	M	Académica	17	Tiago Susano	81.5	124	34:37.9	01:43.8	312	23
10000	Sénior L	M	VR Lima	904	Carlos Cruz	73.7	118	34:42.5	01:44.1	310	31
10000	Sénior L	M	Sporting	390	Nuno Mendes	72.6	120	34:43.8	01:44.1	309	27
10000	Sénior L	M	Fluvial	1054	Nuno Coelho	75	120	34:51.1	01:44.5	306	28
10000	Sub23 L	M	CN Setubalense	1359	Dinis Costa	71.7	116	35:03.4	01:45.1	301	32
10000	Sénior L	M	Académica	4364	Miguel Duarte	67	115	35:08.8	01:45.4	299	28
10000	Sénior L	M	ANLisboa	914	Ricardo Russo	75	120	35:22.9	01:46.1	293	28
10000	Sub23 L	M	Fluvial	2674	Tomás Barreto	69.2	120	35:29.0	01:46.4	290	30
10000	Sub23 L	M	CN Setubalense	3447	Simão Simões	74.3	120	35:35.1	01:46.7	288	30
10000	Sub23	M	Caminhense	659	Eduardo Gonçalves	76.4	120	35:48.1	01:47.4	282	25
10000	Sénior L	M	Sport CP	488	Diogo Coelho	71.4	120	35:54.5	01:47.7	280	27
10000	Sub23 L	M	Sport CP	4943	Allison Russo	70.4	120	35:56.3	01:47.8	279	27
10000	Sub23	M	ANLisboa	4444	Alexandre Lumier	79	120	36:21.5	01:49.0	270	28
10000	Sub23 L	M	VR Lima	431	André Marques	75	115	36:47.5	01:50.3	261	28
10000	Sub23 L	M	ANLisboa	2883	António Bual	70	120	37:17.7	01:51.8	250	28
10000	Sub23 L	M	Vilacondense	1621	Rodrigo Romão	71.8	118	37:36.3	1.52,8	244	26
10000	Sub23	M	Sport CP	3411	Francisco Santos	80.2	110	38:14.3	01:54.7	232	21
10000	Sub23 L	M	Académica	849	Eduardo Sousa	71.3	115	38:50.0	01:56.5	221	28
10000	Sénior L	F	Infante	1086	Joana Branco	62.9	109	39:21.0	01:58.0	213	26
10000	Sénior	F	Caminhense	3047	Ana Gomes	77	115	40:55.5	02:02.7	189	26
10000	Sub23 L	F	Sport CP	110	Inês Oliveira	58	107	41:27.1	02:04.3	182	26
10000	Sub23 L	F	Sport CP	2678	Maria Rodrigues	56.5	110	43:41.0	02:11.0	156	26
10000	Sub23 L	F	VR Lima	2486	Maria Leão	58.3	105	44:20.6	02:13.0	149	27
10000	Sub23 L	F	Infante	4172	Mafalda Ferreira			AM			
10000	Sub23 L	M	Galitos	575	João Vaz			AM			
10000	Sénior L	M	Galitos	1428	João Oliveira			DNF			
10000	Sénior	M	Naval	2377	João Soares			DNF			