

Distância	Género	Clube	Num.FPR	Nome	Escalão	Peso	Drag	Parcial Médio	Voga Média	Média Watts	Resultado Final
5000	M	Sporting	362	Pedro Fraga	Sénior	74.3	120	01:37.9	32	372	16:19.7
5000	M	Sporting	390	Nuno Mendes	Sénior	72.3	120	01:39.7	37	352	16:37.8
5000	M	CN Setubalense	1360	Afonso Costa	Sénior	73.8	118	01:39.8	31	351	16:38.7
5000	M	Fluvial	1054	Nuno Coelho	Sénior	74.9	125	01:41.0	31	339	16:50.8
5000	M	Caminhense	659	Eduardo Gonçalves	Sénior	80.6	116	01:41.4	30	335	16:54.8
5000	M	ANL Lisboa	4364	Miguel Duarte	Sénior	65.5	125	01:41.4	32	335	16:54.9
5000	M	Infante	853	Diogo Almeida	Sénior	82.5	125	01:41.4	32	335	16:54.9
5000	M	Galitos	1428	João Oliveira	Sénior	73.5	118	01:41.6	32	334	16:56.0
5000	M	CN Setubalense	1359	Dinis Costa	Sénior	71.1	118	01:41.7	34	333	16:57.2
5000	M	Académica	849	Eduardo Sousa	Sénior	69.1	117	01:41.7	31	332	16:57.4
5000	M	Infante	79	Pedro Menezes	Sénior	72.1	115	01:42.5	32	325	17:05.3
5000	M	Fluvial	2674	Tomás Barreto	Sénior	68.5	130	01:42.7	28	323	17:07.5
5000	M	Sport CP	488	Diogo Coelho	Sénior	71.7	120	01:42.9	29	320	17:09.8
5000	M	Sport CP	4943	Allison Russo	Sénior	73.7	120	01:45.4	29	298	17:34.6
5000	F	Cerveira	406	Cláudia Figueiredo	Sénior	80.2	115	01:53.5	26	241	18:52.1
5000	F	Sport CP	1086	Joana Branco	Sénior	61.1	109	01:56.4	28	222	19:24.6
5000	F	Caminhense	3047	Ana Gomes	Sénior	76.1	110	01:57.5	30	215	19:35.6
5000	F	Sport CP	110	Inês Oliveira	Sénior	59.5	108	01:59.8	29	203	19:58.6
5000	F	Académica	3664	Carolina Carvalho	Sénior	58.1	108				DNF
5000	F	Sport CP	996	Eva Gonçalves	Sénior	56	108				DNF
5000	F	Sport CP	2678	Maria Rodrigues	Sénior	57.3	108				DNF
5000	M	Académica	720	Ricardo Paula	Sénior						DNS
5000	M	Sport CP	3411	Francisco Santos	Sénior						DNS

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2000	M	VR Lima	2690	André Pinto	Júnior	90.6	125	01:33.9	33	422	06:15.9
2000	M	Fluvial	4030	Bruno Sousa	Júnior	80	130	01:37.4	31	378	06:29.9
2000	M	Fluvial	4343	José Canha	Júnior	75.8	125	01:37.5	31	377	06:30.1
2000	M	Naval	1681	Raúl Rodrigues	Júnior	89.9	120	01:37.5	31	377	06:30.2
2000	M	ANL Lisboa	4444	Alexandre Lumier	Júnior	81	120	01:37.9	33	375	06:30.9
2000	M	VR Lima	2493	Filipe Carvalho	Júnior	78.5	110	01:38.6	32	365	06:34.4
2000	M	CN Setubalense	3447	Simão Simões	Júnior	71.8	114	01:38.9	36	362	06:35.7
2000	M	VR Lima	3536	Diogo Fontelo	Júnior	84	110	01:38.9	34	361	06:35.9
2000	M	Fluvial	2673	Vasco Bessa	Júnior	71.6	125	01:39.6	33	354	06:38.6
2000	M	Infante	3035	Paulo Fidalgo	Júnior	69.4	115	01:39.9	33	351	06:39.6
2000	M	VR Lima	3540	Fábio Gorito	Júnior		110	01:40.6	32	343	06:42.6
2000	M	VR Lima	3712	José Neiva	Júnior	82	110	01:40.9	34	340	06:43.8
2000	M	VR Lima	3053	Rafael Arieiro	Júnior		110	01:42.1	32	328	06:48.4
2000	M	Naval	3581	Daniel Mendes	Júnior	86.4	115	01:42.4	31	326	06:49.6
2000	M	VR Lima	272	Eduardo Pinto	Júnior	69	110	01:42.5	35	325	06:50.1
2000	M	Naval	857	Leonardo Gil	Júnior	69.5	120	01:42.5	32	325	06:50.2
2000	M	Sport CP	2639	Guilherme Silva	Júnior	71.8	110	01:43.7	35	314	06:54.9
2000	M	Infante	3799	Adrian Cabral	Júnior	69.9	115	01:43.9	32	312	06:55.7
2000	M	ANL Lisboa	2841	João Gonçalves	Júnior	66	115	01:55.9	33	311	06:55.9
2000	M	Galitos	575	João Vaz	Júnior	68.4	116	01:44.1	35	310	06:56.6
2000	M	Naval	4217	Roman Nayavko	Júnior	75.5	115	01:44.4	30	307	06:57.7
2000	M	Naval	4216	Ruslan Nayavko	Júnior	77.2	115	01:44.9	29	303	06:59.9
2000	M	Sport CP	4455	Ricardo Silva	Júnior	63.4	110	01:45.7	33	296	07:02.8
2000	M	Infante	4309	Duarte Castro	Juvenil	63.4	110	01:45.9	32	295	07:03.6
2000	M	Académica	3696	Francisco Batista	Júnior	63.8	115	01:46.1	34	293	07:04.4
2000	M	Fluvial	1150	Gonçalo Mesquita	Júnior	69.5	125	01:51.2	29	254	07:25.0
2000	F	Infante	1183	Beatriz Tavares	Júnior	71.4	110	01:52.0	31	249	07:28.3
2000	F	Infante	4172	Mafalda Ferreira	Júnior	54.5	105	01:53.6	32	238	07:34.7
2000	F	Naval	2359	Catarina Norinho	Júnior	65.4	110	01:54.8	32	231	07:39.2
2000	F	Académica	1656	Sara Silva	Júnior	60.4	110	01:57.6	31	215	07:50.6
2000	F	Académica	3566	Maria Piedade	Júnior	73.3	109	01:57.8	30	214	07:51.5
2000	F	Infante	1062	Ana Sousa	Júnior	61.2	110	01:58.2	31	212	07:52.8
2000	F	Fluvial	1139	Núria Almeida	Júnior	61.9	125	01:58.4	31	211	07:53.8
2000	F	Sport CP	3955	Mafalda Martins	Júnior	67.9	108	01:59.7	31	204	07:59.0

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5000	F	VR Lima	2890	Bruna Parente	Juvenil	58.6	110	01:59.7	30	204	07:59.1
5000	F	VR Lima	3083	Ana Ferreira	Juvenil	64.2	110	02:01.1	30	197.1	08:04.7
2000	M	Infante	3005	Carlos Costa	Júnior						AM
2000	M	VR Lima	157	André Quesado	Júnior						AM
2000	M	Praia Mira	1851	João Veríssimo	Júnior						AM
2000	F	Fluvial	2107	Inês Santos	Júnior						AM
2000	M	Infante	4305	Nuno Paiva	Juvenil	72.8	110				DNF
2000	M	Académica	893	Francisco Ferreira	Júnior						DNS
2000	M	Naval	323	David Bertão	Júnior						DNS